



HEARTLAND CHURCH NETWORK

# CHILDREN'S CAMP



## WHAT SHOULD YOU BRING?

### ATTENTION CAMPERS AND PARENTS

(We strongly recommend labeling items with first initial & last name.)  
DO NOT bring valuable or treasured items to camp

#### MEDICATIONS

Any medications sent to camp need to have detailed instructions printed on the bottle/package. If your child has multiple medications, please put them all in a large zip-loc bag labeled with your child's name and a phone number where you can most easily be reached. Do not forget to send along frequently used Over-the-Counter medications for allergies, pain, stomach ache, etc...

### INFORMATION

WHEN	July 24-28, 2023 Arrive: Monday 2:00 pm Depart: Friday Noon
WHO	Children who have finished 3rd-6th grade
WHERE	Camp of the Good Shepherd 10312 Agnew Rd. Louisville, NE 68037

#### CLOTHES

- o 6 changes of play clothes  
(Camp is fun, and fun can be messy!)
- o 8 pairs of undergarments
- o 8 pairs of socks
- o Tennis shoes (everyday sturdy shoes for hiking, running, etc... An extra pair of old shoes just in case it rains)
- o Sandals / Flip Flops
- o Long pants & Sweatshirts (It may get chilly in the evenings)
- o Light-weight jacket (Preferably something that repels rain)
- o Modest Swimsuit (Required to swim)
- o T-shirt for swimming (Dark in color. A t-shirt must be worn while swimming.)

#### ESSENTIALS

- o 3 towels (For swimming and showering)
- o Washcloth
- o Soap
- o Shampoo / Conditioner
- o Toothpaste and Toothbrush
- o Brush / Comb
- o Deodorant (If needed)
- o Pony Tail Holders / Baseball Cap
- o NIGHTTIME
- o Sleeping bag and/or blankets
- o Sheets (Twin size)

#### ODDS AND ENDS

- o Plastic sports bottle / Water bottle
- o Bug spray
- o Sunscreen
- o Around \$5 spending money for Snack Shack

#### QUIET TIME

- o Bible
- o Notebook
- o Pencils

#### OPTIONAL (BUT STRONGLY SUGGESTED)

- o Flashlight & Extra Batteries
- o Fans
- o Water shoes
- o Disposable camera
- o Pillow
- o 2 sets of pajamas

### CAMPERS MAY NOT BRING ELECTRONIC DEVICES TO CAMP

(These items will be confiscated and held until the end of camp.)

- |             |             |               |
|-------------|-------------|---------------|
| MP3 Players | Cell Phones | Curling irons |
| Video Games | Radios      | Hairdryers    |
| CD Players  | TV's        |               |